



ANNUAL REPORT 2022



*Advancing Health Equity
in Northern Virginia*

Neighborhood Health is a 501 (c)(3) nonprofit Federally Qualified Health Center (FQHC) providing high-quality primary medical, dental, and behavioral health care to more than 36,000 low-income and mostly uninsured individuals at 14 clinics across the City of Alexandria, Arlington County, and Fairfax County.

OUR MISSION

Our mission is to improve health and advance health equity in Alexandria, Arlington, and Fairfax by providing high-quality primary care regardless of ability to pay.

OUR VISION

Our vision is that everyone in our community has the highest quality health care and the opportunity to attain their highest level of health.

OUR VALUES

Integrity, Collaboration, Accountability, Respect, Excellence
(I CARE)

OUR STRATEGIC GOALS

- Increase Access to Care
- Provide High Quality Care
- Build a Thriving Organization
- Strengthen Partnerships



Neighborhood Health is accredited by The Joint Commission and is a certified Patient Centered Medical Home.

Neighborhood Health is a 501(c)(3) nonprofit organization.
Federal ID: 54-1849891. Donations are tax-deductible as allowed by law.

BOARD OF DIRECTORS

As of December 31, 2022

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Gloria Addo-Ayensu, MD
Director, Fairfax County
Health Department



Dear Friends,

In 1994, the Alexandria Health Department opened a small clinic in an apartment building in Arlandria-Chirilagua to provide basic healthcare to low-income immigrant women and children. In 1997, when the grant that funded this clinic was set to expire, community members **established a non-profit organization, Alexandria Neighborhood Health Services, Inc. (ANHSI)**, to support and expand the clinic.

Twenty-five years later, this same organization—now known as Neighborhood Health—is serving almost 35,000 patients in fourteen clinics across Northern Virginia. Our services have expanded extensively. **What has remained constant is our focus on the most under-resourced members of our community.** The vast majority of our patients are low-income, lack health insurance, or are insured through Medicaid.

In 2022, we continued to expand access to care by opening **two additional clinics**, in Annandale and Alexandria. We obtained **Joint Commission ambulatory care reaccreditation**—a reflection of our commitment to provide high-quality care to our patient population. Other highlights include our ongoing **COVID-19 response** with more than 90,000 vaccines given to date; the establishment of a **new vision services program**; and resumption of services on our “Wellness on Wheels” bus in partnership with Alexandria City Public Schools.

Looking ahead, we are opening a new clinic at the Mark Center, where **primary care will be co-located with social services and public health** (Alexandria’s Department of Community and Human Services and Health Department). We are **expanding our prenatal**

program from one location (Casey Health Center) to our entire service area. We are **expanding services in Fairfax County** by renovating two clinics—in Annandale and along the Route 1 Corridor.

While we continue to make progress, **significant challenges remain.** Our pandemic era funding is expiring, yet demand for our services remains high. Many of our patients, particularly those without insurance, struggle to access services that we do not offer. With the end of the public health emergency and Medicaid redeterminations resuming, many people will lose coverage—further increasing demand on our clinics.

As we work to overcome these barriers, we will continue to count on your support. For the last twenty-five years, you have helped us build this organization. Whether as an employee, a board member, volunteer, funder, supporter, or community partner, you have helped us make an impact where it is needed most. **We are grateful to each and every one of you, and we look forward to continuing our work together to ensure that everyone in our community has access to care.**

With gratitude,



Basim Khan, MD
*Chief Executive
Officer*

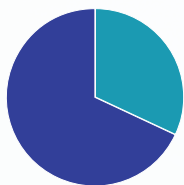


Michael L. Millman
*President,
Board of Directors*

Lives We Touched

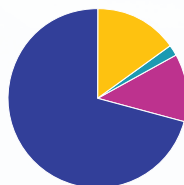
January 1 – December 31, 2022

In 2022, we served **34,645 patients**.



Age

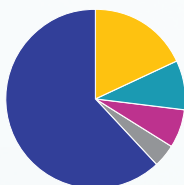
- Adults (≥18) 68%
- Children (0-17) 32%



Income

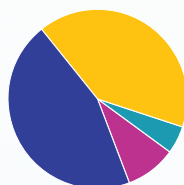
- Less than 133% FPL¹ 71%
- 133% to 200% FPL..... 15%
- More than 200% FPL..... 2%
- Unknown 12%

¹ In 2022, the Federal Poverty Level (FPL) was an annual income of \$23,030 for a family of three.



Ethnicity/Race

- Hispanic/Latino 62%
- Black/African American ... 18%
- White (non-Hispanic)..... 9%
- Asian 7%
- Other 4%



Insurance Status

- Uninsured..... 45%
- Medicaid & FAMIS² 41%
- Medicare..... 5%
- Private Insurance 9%

² FAMIS is Virginia's State Children's Health Insurance Program (SCHIP) that provides insurance coverage to children whose low-income families earn too much to qualify for Medicaid.



63% of our patients prefer to receive their health care in a language other than English.



86% of our patients are uninsured or on Medicaid/FAMIS.



2,683 individuals assisted with health insurance enrollment in Virginia Medicaid and FAMIS health insurance programs.

In 2022, we provided **121,028 health care visits.**

Medical
104,226

Dental
7,487

Behavioral Health
3,765

Optometry
318

**Case Management/
Family Support**
3,622

**Nutrition/
Patient Education**
1,610



25,415 prescriptions filled
by Neighborhood Health worth \$17 million
in Average Retail Value.

NEIGHBORHOOD HEALTH SERVICES

Pediatrics & Newborn Care
Adult Medicine
Dental Care
Behavioral Health
Women’s Health Care
Prenatal Care
Family Planning

Free & Low-Cost Medications
Onsite Lab Services
Immunizations
Cancer Screenings
HIV Care & Prevention
Optometry
Case Management

Health Education
Nutrition Counseling
Health Insurance Enrollment Assistance
Family Support Services
COVID-19 Vaccines and Testing

2022 Highlights

Increasing Access to Care

To increase access to care in our service area, Neighborhood Health opened two new clinical sites in 2022 – one in Annandale and the other in the City of Alexandria.



In January, we opened a new clinic in Annandale, an area with high unmet need. In 2022, our team of three medical providers served more than 2,000 patients – 73% were new to Neighborhood Health. We will be adding

behavioral health and pediatric optometry (see “Looking Ahead” on page 13).



In June, we opened our Martha Custis Drive clinic in the City of Alexandria to relieve patient and clinician congestion at our 2 East Glebe and Casey Health Center locations. We are currently offering women’s health and

adult medicine services at this clinic, and in 2022 already served more than 2,600 patients, including more than 500 new patients.

Joint Commission Reaccreditation



Neighborhood Health is proud to have received a renewal of our Ambulatory Care Accreditation from The Joint Commission and recertification as a Primary Care Medical Home (PCMH). Accreditation means that our clinics comply with the highest national standards for safety and quality of care and care coordination. Neighborhood Health first received accreditation in 2019 and underwent a rigorous, unannounced onsite review in March 2022 that resulted in reaccreditation.

“Joint Commission accreditation is a wonderful accomplishment for our organization. It is a real testament to our organization’s ongoing dedication to excellence in patient care and to upholding the highest standards for patient safety.”

– Dr. Martha Welman, Chief Medical Officer

New Service: Pediatric Optometry

In 2022, Neighborhood Health began new pediatric vision services providing comprehensive eye exams and glasses for our youngest patients at our Richmond Highway clinic. These services are otherwise incredibly hard to access for both Medicaid and uninsured patients.



Since starting the program in late September 2022, we served more than 300 patients. See “Looking Ahead” on page 13 for service expansion in 2023.



In July, Douglas Emhoff, the U.S. Second Gentleman, and Surgeon General Dr. Vivek H. Murthy, visited to celebrate our pediatric COVID-19 vaccination efforts.

COVID-19 Pandemic Response Continues

In 2022, Neighborhood Health continued our pandemic response on multiple fronts. We continued to provide COVID-related services for patients and to the under-resourced communities in the region: vaccines, testing, home test kits, and masks. COVID-19 vaccines are offered to the community on a walk-in basis at our medical clinics and through more than 40 mobile vaccine clinics in 2022.

In total, through April 30, 2023, Neighborhood Health has:



administered
90,788 COVID-19 vaccines



administered
71,292 COVID-19 tests



distributed
32,370 COVID-19 home test kits



distributed
13,395 high quality N95 masks

Closing the COVID-Induced Cancer Screening Gap

Many providers experienced a decline in cancer screening rates during the pandemic. Thanks to funding from the Virginia Department of Health and the American Cancer Society as well as community partners, we continue to make strides in connecting uninsured patients to cervical, breast, and colorectal cancer screenings. This includes our Every Woman's Life program with which we have expanded breast and cervical cancer screenings. We have also expanded our gynecology program to provide more treatments within our clinics, reducing the need for outside referrals.



In December, Jahan Dotson, Washington Commanders player and American Cancer Society-NFL Crucial Catch Program Ambassador, met with patients who have benefited from our colorectal and breast cancer screening initiatives.

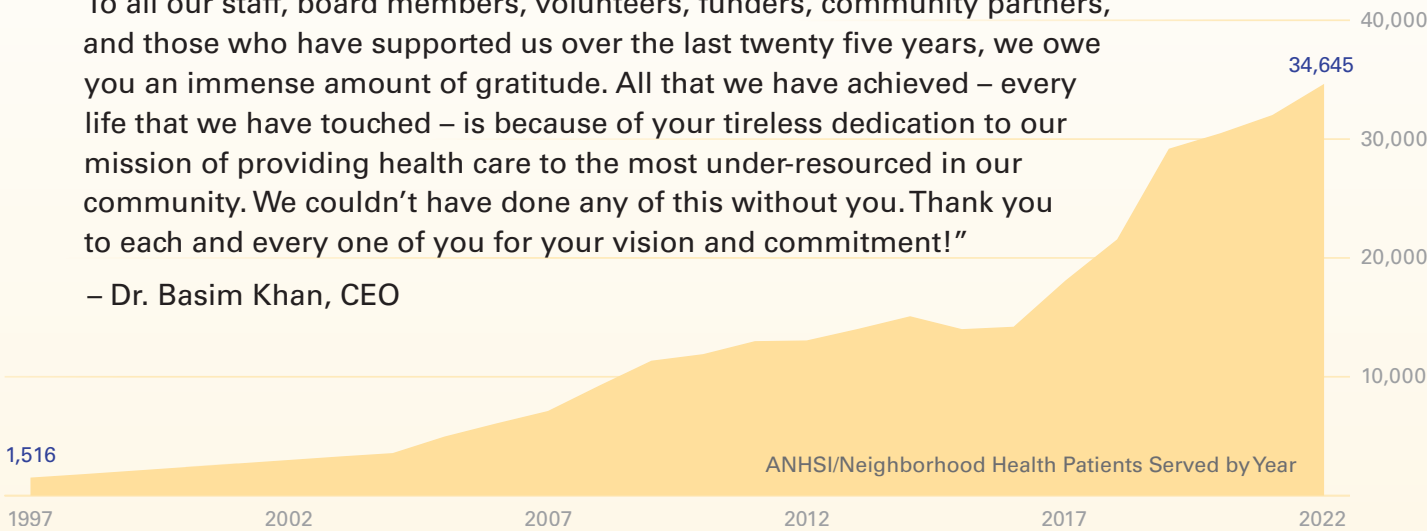


Neighborhood Health

Improving Health Outcomes, Reducing Disparities, and Advancing Health Equity for Our Neighbors

“To all our staff, board members, volunteers, funders, community partners, and those who have supported us over the last twenty five years, we owe you an immense amount of gratitude. All that we have achieved – every life that we have touched – is because of your tireless dedication to our mission of providing health care to the most under-resourced in our community. We couldn’t have done any of this without you. Thank you to each and every one of you for your vision and commitment!”

– Dr. Basim Khan, CEO



1994

- The Alexandria Health Department opens the **Arlandria Health Center for Women and Children**, a small clinic in an apartment building, to provide preventive and routine care for low-income immigrant women and children.



1997

- **Alexandria Neighborhood Health Services, Inc. (ANHSI)**, an independent non-profit organization, is created to support, operate, and expand the Arlandria Health Center.



First four ANHSI Board Presidents – Lynnwood Campbell, Donna Clausen, Becky Bostick, Steve Hart

2000

- ANHSI adds pediatric acute care, behavioral health, and case management services and expands into the adjacent apartment unit.



2002

- ANHSI begins providing Medicaid health insurance enrollment assistance.



2004

- ANHSI becomes a Federally Qualified Health Center (FQHC), the first in Northern Virginia, expanding to include adult medicine services and serving residents from neighboring Arlington County and Fairfax County.
- ANHSI begins dental services in partnership with the Alexandria Health Department.

2005

- ANHSI opens the clinic at 2 East Glebe Road.



2007

- ANHSI partners with the Arlington Department of Human Services to provide dental care in Arlington.



2009

- ANHSI implements its first Electronic Health Record (EHR).



- Medication Assistance service is established, helping patients obtain low-cost or free medications.

2010

- ANHSI partners with the Alexandria Health Department to provide primary care services to adults and opens its Casey Health Center in Alexandria.



- ANHSI begins a partnership with the Arlington and Alexandria Community Services Boards (CSBs) to establish a new program to provide primary care to patients with serious mental illness within the CSBs.

2011

- ANHSI partners with Alexandria Health Department to begin providing Ryan White HIV services at the Casey Health Center.

2013

- ANHSI partners with the Fairfax County-Falls Church Community Services Board (CSB) to provide primary care to patients with serious mental illness at the Gartlan Center in Fairfax County.

2014

- The Board of Directors changes the organization's name to Neighborhood Health.



2014

- Neighborhood Health partners with the Alexandria Health Department to expand access to dental care at the King Street clinic.
- Neighborhood Health partners with the Alexandria City Public Schools to provide dental care to elementary school children on a mobile van – the Wellness on Wheels (WOW) Bus.



- Neighborhood Health opens a clinic on Richmond Highway (US Route 1) in Fairfax County.
- HRSA recognizes Neighborhood Health as a National Quality Leader, an award given to 50 health centers out of 1,400 nationally, for exceeding national benchmarks for chronic disease and preventive care. Neighborhood Health continues to receive quality awards from HRSA in subsequent years.



2015

- Neighborhood Health partners with the Alexandria Health Department to assume operations of its pediatrics and newborn clinic and expand services at the Casey Health Center.



2016

- Neighborhood Health renovates its Richmond Highway clinic expanding medical, dental, and behavioral health services.



2017

- Neighborhood Health opens a new dental clinic in Annandale in Fairfax County made possible with a donation from retiring orthodontist Dr. Gerald Smernoff.
- Neighborhood Health adopts a new strategic plan including its mission: "To improve health and advance health equity in Alexandria, Arlington, and Fairfax by providing access to high-quality primary care regardless of ability to pay."
- Neighborhood Health celebrates two decades of providing health care to Northern Virginia's most under resourced communities.



Susan Abramson, ANHSI's founding Executive Director, shares the challenges and successes of creating and building our organization.

- Neighborhood Health is recognized for its work to expand access to care. Virginia Delegate Paul Krizek presents Board President Tom Greeson and Dr. Basim Khan with a General Assembly Resolution.



2018

- ◀ Neighborhood Health recognizes Virginia's legislators with its Health Equity Award for their work on passing Medicaid expansion.



- Neighborhood Health opens a new pediatric clinic at Sherwood Hall Lane in Fairfax County.



- Neighborhood Health partners with Fairfax County Health and Human Services to assume responsibility for its Merrifield and South County Center primary care clinics for low-income adults.



Our Patient at Seven Years Old – Today Our Health Center Employee

Samantha Cruz-Benitez and her family moved to the Arlandia-Chirilagua neighborhood of the City of Alexandria when she was seven years old. Her parents brought her to Neighborhood Health's (then ANHSI) clinic at 2 East Glebe Road. Her pediatrician was Dr. Martha Welman, who was hired as the organization's first physician and now serves as Chief Medical Officer.

Samantha continued to get her pediatric care at Neighborhood Health and returned when she was an adult. In the meantime, she got her Medical Assistant (MA) certification, and started working in Neighborhood Health's call center. Soon, she moved to front desk, and during the COVID-19 pandemic started working as a Medical Assistant doing COVID-19 testing.

Currently, Samantha works in our Prenatal Care Program alongside MAs Dina and Maricela – both of whom worked in our pediatric program when Samantha was our patient.

"I love giving back to the community and making sure our pregnant patients, many who are new to the United States, feel supported and receive prenatal care, plus any other care that Neighborhood Health offers and they might need," said Samantha.

2019

- Neighborhood Health is accredited by The Joint Commission under its Ambulatory Care Standards and is certified as a Patient Centered Medical Home.



- Neighborhood Health partners with the Alexandria Health Department to assume operations of its prenatal program, expanding services at the Casey Health Center.



2020

- Neighborhood Health responds to the COVID-19 pandemic by establishing multiple drive through/walk-up COVID-19 testing centers in impacted communities, expanding telehealth services, and providing clinical and non-clinical support to low-income patients with COVID-19.



2021

- Neighborhood Health is selected to participate in the first round of the federal health center COVID-19 vaccine program – opening multiple vaccination sites in impacted communities, and establishing a mobile vaccine program in partnership with faith, affordable housing, and community organizations.



- President Joe Biden visits one of Neighborhood Health's COVID-19 vaccination sites, hosted by our community partner Virginia Theological Seminary in Alexandria, and recognizes Neighborhood Health's efforts vaccinating underserved communities.



- Neighborhood Health partners with local resettlement organizations to facilitate the entry of newly-arrived Afghan families into primary care.



"As someone who knew Neighborhood Health (then ANHSI) in its infancy in the early 2000s and enjoyed collaborating with the small, growing organization, I take great pride in my association with Neighborhood Health."

I have followed Neighborhood Health's remarkable transformation over the last two decades advancing health equity and changing the lives of thousands of low-income, uninsured, and ethnically-diverse individuals and their families in our Northern Virginia communities."

– Congressman Don Beyer

Congressman Beyer receives recognition from past Neighborhood Health Board Presidents Keith Hearle, Lynnwood Campbell, and Gene Kendall.



2022

- Neighborhood Health opens two new medical clinics, one in Annandale in Fairfax County and one on Martha Custis Drive in Alexandria.



- Neighborhood Health begins providing pediatric optometry services to its patients.



- Neighborhood Health is reaccredited by The Joint Commission under its Ambulatory Care Standards and recertified as a Patient Centered Medical Home.



Our Donors & Grantors

Neighborhood Health is very grateful for the commitment and support from individuals; foundations; corporate and community partners; faith communities; and federal, state, and local governments for their commitment and investment in our mission to improve health and advance health equity in Alexandria, Arlington, and Fairfax County by providing access to high-quality care regardless of ability to pay.

Our deepest gratitude to each and every one of you!

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ACT for Alexandria
Aetna, Inc.
Alexandria Cares for the Uninsured Fund
Alexandria City Public Schools (ACPS)
Alexandria Community Services Board (CSB)
Alexandria Health Department
Alfred Street Baptist Church
Amazon Smiles
American Cancer Society- NFL Crucial Catch
America's Charities
Ann Herlin Giving Fund
Annandale United Methodist Church
Anthem, Inc
Arlington County Community Services Board (CSB)
Arlington County Department of Health and Human Services
Arlington County Frontline Human Services Safety Net Nonprofits
Baltimore Community Foundation
Boat People SOS
Brinkman-Jacobs Family Fund
Bruhn-Morris Family Fund
CareFirst BlueCrossBlueShield
Carlos and Sally Hojvat Fund
CEM Solutions Group, Health IT
Centers for Disease Control and Prevention (through Inova Juniper Program)
City of Alexandria
Combined Federal Campaign (CFC)
Commonwealth of Virginia
Community Foundation of Tampa Bay, Inc.
Del Ray Business Association

Direct Relief
District of Columbia Department of Health, HIV/AIDS, Hepatitis, STD & TB Administration
Earl and Darielle Linehan Advised Fund
Fairfax County-Falls Church Community Services Board (CSB)
Fairfax County Health Department
Federal Communications Commission (FCC)
Frontstream
Giving Lively Foundation
Good Shepherd Lutheran Church
Health Resources and Services Administration (HRSA)
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Inova Health System
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MacNamara-Hendrickson Family Foundation
Mason Hirst Foundation
Matthew Media Group, MMG
Mount Vernon Unitarian Church
National Alliance for Hispanic Health
National Association Community Health Centers
Northern Virginia Health Foundation
Old Town Books – our Reach Out and Read children's books partner
Old Presbyterian Meeting House

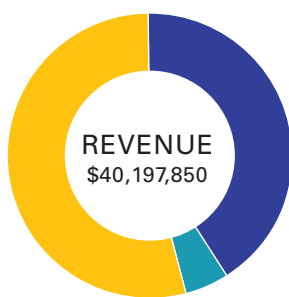
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The Community Foundation for Northern Virginia, Inc.
The Jacquemin Family Foundation, Inc.
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The Morris and Gwendolyn Cafritz Foundation
United Way of Central Maryland
United Way of the National Capital Area
Virginia Community Healthcare Association
Virginia Department of Health (VDH)
Virginia Health Care Foundation
Weber Family Fund
Wells Fargo Community Care Program
Westminster Presbyterian Church

Neighborhood Health has made every effort to recognize and include every donor and grantor who made a contribution from January 1 through December 31, 2022.

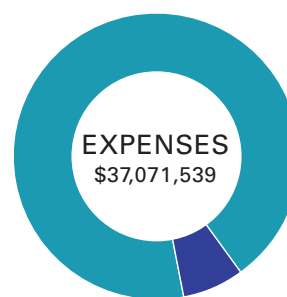
If an error or omission has been made, we apologize. To let us know, please contact our Development Office at development@nhnva.org.

Neighborhood Health Financials, FY 2022

July 1, 2021 to June 30, 2022



- 54% Grants, Contracts, and Donations
- 41% Program Income
- 5% In-Kind and Other Revenue



- 93% Direct Program Services Expenses
- 7% Management and Fundraising Expenses

LOOKING AHEAD...

Strengthening Partnerships and Increasing Access

Prenatal Expansion

We started our prenatal program at the Casey Health Center in 2019. Due to the program's success, growth, and increasing demand from patients, we are planning to expand prenatal services, integrated with primary care, to more clinics across our service area starting in 2023.



Mark Center Drive

In 2023, we opened a clinic in the City of Alexandria's new Del Pepper Community Resource Center building in collaboration with the Department of Community and Human Services and Department of Health. We are excited to co-locate primary care, social services, and public health services in the West End.



Annandale Renovation & Expansion

In 2022, we opened a new medical clinic in Annandale in response to the high need in surrounding communities. In 2023, we renovated and expanded the clinic, enabling us to serve additional patients and adding services such as behavioral health and optometry.

Richmond Highway Renovations

In 2023, we will extensively renovate our 6677 Richmond Highway location. We will be adding an in-house pharmacy, providing low-cost and free medications, additional exam rooms to expand capacity, and two additional dental chairs.

Housing Alexandria Arlandria-Chirilagua Clinic

We are excited to be partnering with Housing Alexandria to include a clinic within their planned Arlandria-Chirilagua development called "Sansé and Naja." It will contain 474 units of affordable housing. Our current East Glebe Road clinic will move into larger space co-located within this development and enable us to expand services within the same building where many of the patients that we serve will live.



Housing Alexandria





Neighborhood Health

PRIMARY CARE CLINICS IN NORTHERN VIRGINIA

Neighborhood Health at 2 East Glebe

2 East Glebe Road, Alexandria VA 22305

Neighborhood Health at Casey Health Center

1200 Howard Street, Alexandria VA 22304

Neighborhood Health at Mark Center

4850 Mark Center Drive, Alexandria VA 22311

Neighborhood Health at Martha Custis Drive

1225 Martha Custis Drive, Alexandria VA 22302

WOW Bus & Portable Dental

Providing dental care
to Alexandria City Public Schools

Neighborhood Health at Arlington

2100 Washington Boulevard, Arlington VA 22204

Neighborhood Health at Richmond Hwy

6677 Richmond Highway, Alexandria VA 22306

Neighborhood Health at Sherwood Hall

2616 Sherwood Hall Lane, Alexandria VA 22306

Neighborhood Health at Gartlan CSB

8119 Holland Road, Alexandria VA 22306

Neighborhood Health at South County

8350 Richmond Highway, Alexandria VA 22309

Neighborhood Health at Merrifield

8221 Willow Oaks Corp. Drive, Fairfax VA 22031

Neighborhood Health at Annandale

6715 Little River Turnpike, Annandale VA 22003

Neighborhood Health at Annandale (Dental Only)

7501 Little River Turnpike, Annandale VA 22003

Neighborhood Health at Joseph Willard (Dental Only)

3750 Blenheim Boulevard, Fairfax VA 22030

*We welcome
your contributions
and support of
Neighborhood
Health's mission.*

To donate online please visit
neighborhoodhealthva.org.

To donate by check, please
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Neighborhood Health

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Neighborhood Health is a
501(c)(3) nonprofit organization.

Federal ID: 54-1849891

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